

## March is National Nutrition Month

### MONTH OF MARCH

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1.</b> Lentils Rice Yogurt/Salad Fruits/ vegetables Milk/Water
<b>4.</b> Cheese Enchiladas Spanish Rice Vegetables/Fruit Juice/Milk	<b>5.</b> Garbanzo Beans Rice Yogurt Water/Milk Fruits/ Vegetables	<b>6.</b> Baked Pasta Garlic Bread Salad Fruit Milk/ water	<b>7.</b> Pizza Salad Fruits/ Veggie Milk/ Water/ Juice	<b>8.</b> Lentils Rice Yogurt/Salad Fruits/ vegetables Milk/Water
<b>11.</b> Veggie sub sandwich Baked Chips Veggies Juice/Milk/Water Fruits	<b>12.</b> Veggie Bowl Rice Fruit Juice/Milk/Water	<b>13.</b> Stuff Paratha Yogurt Salad Fruit Milk	<b>14.</b> Tostada Fries Veggies Fruit Milk	<b>15.</b> Kidney Beans Rice Yogurt Fruit Canned Milk/Water
<b>18.</b> Grilled Cheese Fries Fruits/ Veggie Juice/Milk	<b>19.</b> Veggie Dish Roti Yogurt Fruits/ Veggie Milk/ water	<b>20.</b> Bean & Cheese Nachos Vegetables/ Fruits Water/ Milk  <b>Minimum Day</b>	<b>21.</b> Spaghetti Garlic Bread Salad Fruit Milk/Water	<b>22.</b> Lentils Rice Yogurt/Salad Fruits/ vegetables Milk/Water
<b>25.</b> Bean & Cheese Burrito Salad Fruit Milk	<b>26.</b> Mattar Paneer Rice Yogurt Fruit Juice/Milk	<b>27.</b> Veggie Cheeseburger Fruit Lettuce & Tomato Fruit Milk/Water	<b>28</b> Pizza Salad Fruit Juice/Milk/Water	<b>29.</b> Garbanzo & Potato Rice Yogurt Water/Milk Fruits/ Vegetables