



MONTH OF SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Tostadas Lettuce and Cheese Tater -Tots Water/Milk	2. Baked Veggie Pasta/ Garlic Bread Fruit Water/Milk	3. Garbanzo Beans Rice Yogurt Salad Milk/ water
6. No- School	7. Loaded Nachos w/ Beans/cheese Tomatoes/Olives/Onion/ sour cream Orange Slices Milk/Water	8. Stuffed Parantha Butter Yogurt Ice-Cream Milk/Water	9. Veggie/Cheese Pizza Juice/Water	10. Quesadilla w/ cheese & vegetables Fruit Milk/Water
13. Tostadas Lettuce and Cheese Tater -Tots Water/Milk	14. Mattar Paneer Roti Yogurt Dessert Milk/Water	15. Baked Veggie Pasta/ Garlic Bread Fruit Water/Milk	16. Veggie Cheeseburger Lettuce/Tomato/Onion Tater - Tots Juice/Water	17. Veggie Tacos Lettuce and Cheese Tater - Tots Fruit Cup Milk/Water
20. Baked Veggie Pasta/ Garlic Bread Fruit Water/Milk	21. Veggie/Cheese Pizza Juice/Water	22. Loaded Nachos w/ Beans/cheese Tomatoes/Olives/Onion/ sour cream Orange Slices Milk/Water	23. Minimum -Day Veggie sub sandwich Baked Chips Juice/Water	24. Minimum – Day Mixed Veggie Rice Yogurt Fruit Milk/ water
27. Veggie Cheeseburger Lettuce/Tomato/Onion Tater - Tots Juice/Water	28. Veggie Tacos Lettuce and Cheese Tater - Tots Fruit Cup Milk/Water	29. Black Chick-Peas Roti Yogurt Dessert Milk/ water	30. Quesadilla w/ cheese & vegetables Fruit Milk/Water	